

2019 LEWIS & CLARK TRACK MEET
SCHEDULE OF EVENTS-at PLAINVIEW

9:30 Discus ----- Girls – Boys
 Shot Put ----- Boys – Girls
 Pole Vault----- Girls - Boys

9:30 Scratch Meeting
 10:00 Other Field Events Begin

 High Jump ----- Boys – Girls
 Long Jump ----- Boys – Girls
 Triple Jump ----- Girls – Boys

1:00 Prelims

 4 x 800 Relay ----- Girls -----Final
 4 x 800 Relay ----- Boys -----Final
 100 Hurdles ----- Girls -----Prelim
 110 High Hurdles --- Boys -----Prelim
 100 ----- Girls -----Prelim
 100 ----- Boys -----Prelim
 400 ----- Girls -----Final
 400 ----- Boys -----Final
 3200 ----- Girls -----Final
 3200 ----- Boys -----Final
 200 ----- Girls -----Prelim
 200 ----- Boys -----Prelim

Finals:

 100 Hurdles ----- Girls
 110 High Hurdles ----- Boys
 100 ----- Girls
 100 ----- Boys
 800 ----- Girls
 800 ----- Boys
 300 Hurdles ----- Girls
 300 Hurdles ----- Boys
 200 ----- Girls
 200 ----- Boys
 1600 -----Girls
 1600 ----- Boys
 4 x 100 Relay ----- Girls
 4 x 100 Relay ----- Boys
 4 x 400 Relay ----- Girls
 4 x 400 Relay ----- Boys