

C-8 DISTRICT TRACK MEET
SCHEDULE OF EVENTS-at Ponca Sports Complex

Field Events

9:30 Boys Pole Vault followed by the Girls Pole Vault
Girls Discus followed by the Boys Discus

10:00 Boys Shot Put followed by Girls Shot Put
Girls High Jump followed by Boys High Jump
Boys Long Jump followed by Boys Triple Jump
Girls Triple Jump followed by Girls Long Jump

1:30 Running Events

4 x 800 Relay ----- Girls -----Final
4 x 800 Relay ----- Boys -----Final
100 Hurdles ----- Girls -----Prelim
110 High Hurdles --- Boys -----Prelim
100 ----- Girls -----Prelim
100 ----- Boys -----Prelim
400 ----- Girls -----Final
400 ----- Boys -----Final
3200 ----- Girls -----Final
3200 ----- Boys -----Final
200 ----- Girls -----Prelim
200 ----- Boys -----Prelim

20 Minute Break

Finals

100 Hurdles ----- Girls
110 High Hurdles ----- Boys
100 ----- Girls
100 ----- Boys
800 ----- Girls
800 ----- Boys
300 Hurdles ----- Girls
300 Hurdles ----- Boys
200 ----- Girls
200 ----- Boys
1600 ----- Girls
1600 ----- Boys

10 Minute Break

4 x 100 Relay ----- Girls
4 x 100 Relay ----- Boys
4 x 400 Relay ----- Girls
4 x 400 Relay ----- Boys