



**2016 UNK High School Cross Country Invitational
Monday, September 26**

Starting Times:	Class D Girls 1:00PM	Class D Boys 1:30PM
	Class C Girls 2:00PM	Class C Boys 2:30PM
	Class A Girls 3:00PM	Class A Boys 3:30PM
	Class B Girls 4:00PM	Class B Boys 4:30PM

Entry Information: The entry deadline is 8:00 PM, Wednesday, September 21. This year all entries will be done via Direct Athletics which will be operated by our head timer Heartland Timing. You should have received an invite from Direct Athletics to enter into the meet. If you haven't received the invite please click on the registration link listed below.
<https://www.directathletics.com/meets/xc/9655.html>

If you have any questions, please contact Dennis Webber of Heartland Timing at dennis@heartlandtiming.com.

Entry Fee: The entry fee will be based on the number of students that you have entered when you submit your entries on-line, not the number of students who actually compete in the meet.

- \$15.00 per individual if less than 4 (Classes B-C-D) or 5 (Class A) on your team
- **\$80.00** for a team [4 (Classes B-C-D) or 5 (Class A)] up to 10 individuals
- \$2 per individual if more than 10 individuals (to cover the cost of additional timing bibs)
- Girls and Boys are separate teams

Example: If you have 15 athletes running on the boys team, your entry fee would be \$80 (base team fee) + \$10 (5 additional athletes at \$2 per athlete) = \$90 total

Please write checks to: **UNK Athletics**

We ask your cooperation to please send your entry money before the meet to:

**UNK High School Cross Country Meet
2501 15th Ave.
UNK Health & Sports Center
University of Nebraska-Kearney
Kearney, NE 68849**

Team Packets: Packets (including timing bib tags) can be picked up inside the lower level of the clubhouse on race day. **Once again we are going to use the bib-chip tag for timing. We'll utilize the torso of the competitor at the finish. **DO NOT BEND THE BIB TAGS****

Scratches: Coaches are asked to bring scratches to the Finish-line Tent! Please also bring the bib-chip tag number(s) with you. We'll collect all scratches.



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- Numbers & Bib-Chip:** All runners must wear their assigned number which has the bib-chip tag on the front of their uniforms and the hip number on their left hips. **You will NOT have to return the bib-chip tags!!**
- Team Scoring:** The top 6 runners (Classes B-C-D) or 7 runners (Class A) will count for team scoring purposes. The top 4 runners (Classes B-C-D) or 5 runners (Class A) will be scored.
- Awards:** Plaques will be awarded to the top finishing team in each race. Medals will be awarded to the top 20 overall men and women.
- Results:** Results will be posted as soon as possible following each race. They will also be available online at www.lopers.com and at www.heartlandtiming.com.
- Course Markings:** A continuous line is painted for the entire course. At turns, runners are required to run on the line side of all natural barriers and fences. Kilometer and mile marks will be marked by signs. Splits will be read at the mile marks.
- Toilets:** Portable toilets are located northeast of the finish line area.
- Trainers:** University of Nebraska-Kearney trainers will be available immediately following each race at the finish line area.
- Contact Information:** Rich Brodersen, Co-Meet Director: brodersenrj@unk.edu
Mannie Reinsch, Co-Meet Director: reinschee@lopers.unk.edu
Brady Bonsall, Co-Meet Director & Head Cross Country Coach: bonsallbi@unk.edu